

**PRODUCT NAME** FRENCH BEANS (*Phaseolus vulgaris*)

**PRODUCT DESCRIPTION**

French beans are selected for their lovely texture and equally good taste. Tender and slender, the beans contain green, rounded and velvety pods that are eaten whole while they are still young, juicy and tender. Sweet and tender on the touch, wonderfully crispy on the bite and ultimately delicious to eat.

French beans are low in calories, contain only a little saturated fat, and are an excellent source of plant-derived micro-nutrients, minerals and vitamins.

**PRODUCTION PLACE**

Guatemala

**NUTRITIONAL COMPOSITION (1 cup 184g)**

Calories	631kcal
Carbohydrates	118g
Fats	3.7g
Water	19.8g
Dietary Fiber	46.4g
Cholesterol	0.0mg
Proteins	35g

**PRESENTATION AND COMMERCIAL PACKAGING**

10lbs Crates

- 5 bags of 2lbs per crate
- Trimmed
- 156 crates per pallet

18lbs Crate

- 36 bags of 8oz. per crate
- Trimmed
- 90 crates per pallet

20lbs

- 10 bags of 2lbs per crate
- Trimmed
- 90 crates per pallet



**ORGANOLEPTIC CHARACTERISTICS**

Color: green  
 Smell: none  
 Consistency: tender  
 Flavor: green vegetable

CERTIFICATIONS

